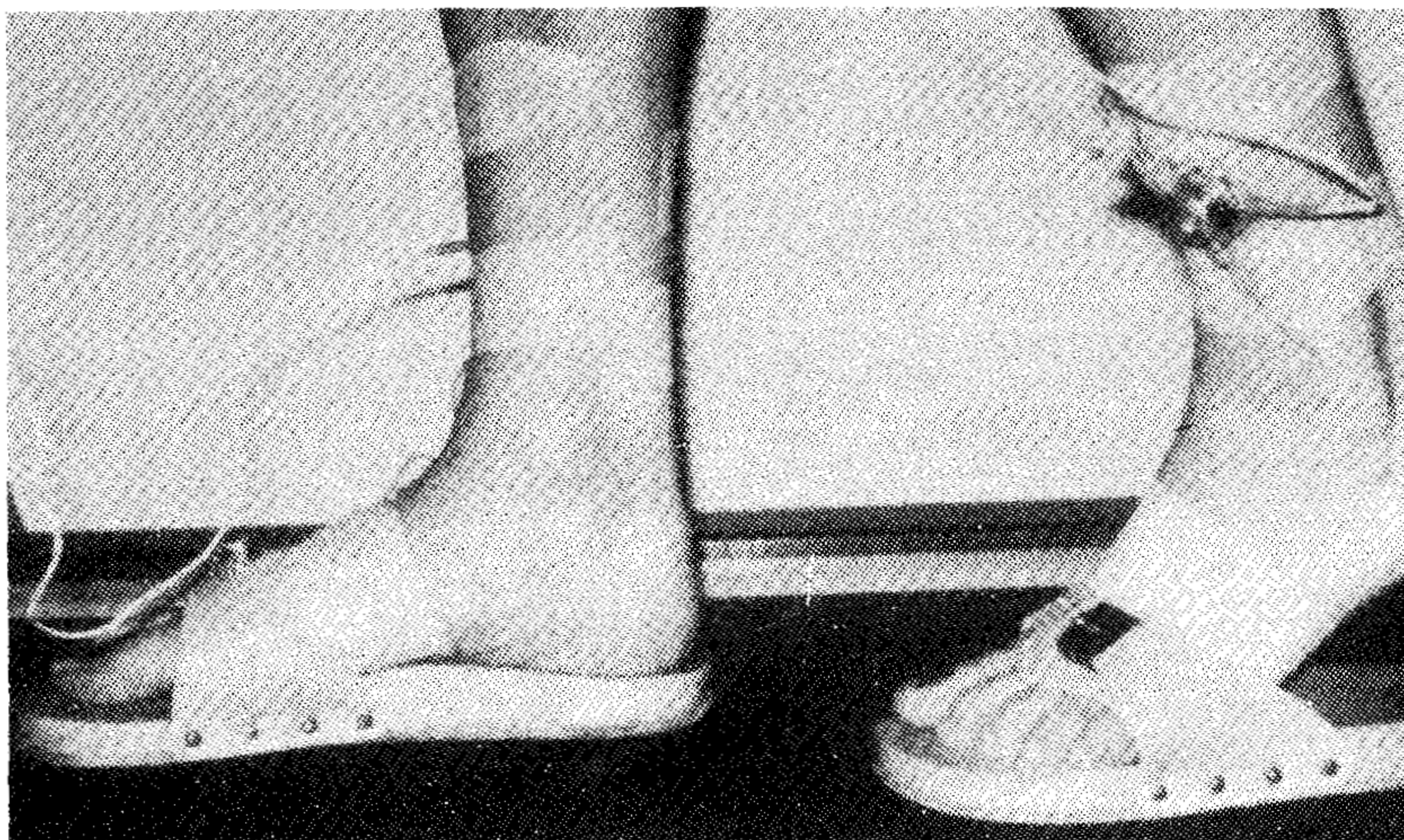


Former workers fear emissions may spread disease – MP to query

TWILL DDU

Virginity tests at Heathrow



By our Correspondent

It's a problem which causes daily distress to a great many people.

I only wish that most of them weren't too shy or embarrassed to ask their doctor for advice because lots can be done to help.

One man only just reaching middle age, whom I knew well, told me during the financial depression of a year ago that he was taking tranquillisers because he was so worried.

I begged him not to, but within three months he was shaking so terribly that his hands appeared to have an ague. He finally collapsed and was taken to hospital.

In the 10,000 letters I answer every year on health, I am appalled at the pernicious habit which has become habitual in this country for foolish people who feel they cannot face life without their support.

Unfortunately, it is a very dangerous habit because, as I have said over and over again, this must make you worse, rot the brain and where a woman is concerned, make her look hideous.

The brain to me is so precious that it should be protected and fed. The

operation can be done on the National Health under certain circumstances when the problem is causing mammoth distress, and is usually performed by a plastic surgeon. Most large hospitals have a plastic surgery unit, but you'd have to get in touch via your GP, and the trouble is often in finding an understanding one.

Admittedly though, a lot can be done before turning to the knife.

As the smell does seem to seep in everywhere given half a chance, all shoes should be wiped over internally with surgical spirit, then fitted with something like a charcoal 'Odor Eater' insole. Made by Comb International, for 75p at most chemists, these contain activated charcoal which absorbs the smell over a week or so, and a pair should last two to three months according to the acuteness of your problem. One woman wrote to me only a month ago and told me that her legs felt 'wobbly'. On investigating, I was astonished she could stand at all!

It seems incredible. Another thing to remember is that sweaty skin is soft skin, and an aggressive toenail

can pierce through very easily. Real leather is the only answer. An expensive one I know, but an absolute must of an investment. I know. In fact if you play around with any and every synthetic product you're asking for trouble. Dr Jackson will confirm stimulants cease to have any result unless they are increased and increased. It's no good wearing rubber.

The right to know

Who are the persons organising this particular abomination?

Isn't it time we knew the names and addresses, that they were published so that public could bring to bear the full force of their anger?

At the very least, it's important to warn people so that they do not have the dreadful shock of being called in by their employers. . . . These people will have organised their whole lives around the expectation of earning for several more years.